

**ARIZONA DEPARTMENT OF EDUCATION  
CHILD AND ADULT CARE FOOD PROGRAM  
ADULT MENU PRODUCTION WORKSHEET**

**BREAKFAST**

Date \_\_\_\_\_

MENU: VEGETABLE/  
FRUIT

Number Planned For:

Adults	Staff	Total

GRAINS/BREADS

MILK

Component Requirements	Age Factor	No. of Servings	Market Unit	Amount Needed	Amount to Purchase
VEGETABLES AND/OR FRUITS	(Total) _____ x 2 = _____	¼ c.			
GRAINS/BREADS	(Total) _____ x 4 = _____	½ sl.			
FLUID MILK	(Total) _____ x 2 = _____	½ c.			

**SUPPLEMENT**

**Choose Any TWO of the FOUR Components for Each Supplement**

**A.M. SUPPLEMENT**

**P.M. SUPPLEMENT**

Number of:	Milk ½ c. Bread ½ sl.	Meat 1 oz.	Fruit/Vegetable ¼ c.		Number of:	Milk ½ c. Bread ½ sl.	Meat 1 oz.	Fruit/Vegetable ¼ c.	
Adults _____					Adults _____				
Staff _____	x 2 = _____	x 1 = _____	x 2 = _____		Staff _____	x 2 = _____	x 1 = _____	x 2 = _____	
TOTALS _____	_____	_____	_____		TOTALS _____	_____	_____	_____	

  

Component	No. of Servings	Market Unit	Amount Needed	Amount to Purchase		Component	No. of Servings	Market Unit	Amount Needed	Amount to Purchase

**ARIZONA DEPARTMENT OF EDUCATION  
CHILD AND ADULT CARE FOOD PROGRAM  
ADULT MENU PRODUCTION WORKSHEET**

**LUNCH/SUPPER**

Date \_\_\_\_\_

MENU: MEAT/MEAT  
ALTERNATE

Number Planned For:

Adults	Staff	Total

VEGETABLE/  
FRUIT

VEGETABLE/  
FRUIT

GRAINS/BREADS

MILK

Component Requirements	FOOD ITEMS Age Factor	No. of Servings	Market Unit	Amount Needed	Amount to Purchase
1. MEAT OR MEAT ALTERNATE	(Total) _____ x 2 = _____	1 oz.			
2. VEGETABLES AND/OR FRUITS  Use two or more sources to meet the total portion requirement for each age group.	(Total) _____ x 4 = _____	¼ c.			
3. GRAINS/ BREADS	(Total) _____ x 4 = _____	½ sl.			
4. FLUID MILK	Use "No. of Servings" from Meat/Meat Alternate	½ c.			